



Joyful Beginnings Programme

Saturday, January 19th 2008 - Saturday, March 1st 2007
10:30 a.m. to 12:00 p.m.

For new and expectant parents or caregivers (new additions welcome)



The joyful early years from 0 to 3 years of age are a time for social and emotional growth as well as amazing physical developmental.

These years provide a critical foundation for formal education and social success in later years. We invite you to join Sue McCarthy, our lead PlaySchool Teacher and Waldorf mother of 2, for a discussion of Waldorf approaches to parenting. There will be opportunities to share insights, questions and ideas about parenting and education followed by Pilates exercises geared to expectant or new moms provided by Pilates Instructor, Fiona MacDonald.

Complimentary copy of "You Are Your Child's First Teacher" will be provided with registration.

The cost for the eight week Parent and Child Programme is \$160.00. Please call 416.962.6447, ext. 1, with questions or to register, or invite a neighbour or friend to register.